
Experimental
Control
Std. Mean Difference
Std. Mean Difference
Study or Subgroup Mean SD Total Mean SD Total Weight IV, Random, 95% CI
IV, Random, 95% CI
Groele 2021 212.4408 71.7471 44 198.8871 58.2644 46 71.3% 0.21 [-0.21, 0.62]
Ho 2019 2.88 10.88 17 -5.98 18.16 21 28.7% 0.56 [-0.09, 1.22]
Total (95% CI) 61 67 100.0% 0.31 [-0.04, 0.66]
Heterogeneity: Tau² = 0.00; Chi² = 0.83, df = 1 (P = 0.36); I² = 0%
Test for overall effect: Z = 1.73 (P = 0.08)
-4
-2
0
2
4
Favours [experimental]
Favours [control]